



Academy Athletics

Health and Safety Policy v.2

May 2026

Date	Version	Amendments	Name
26.05.26	V2.0	Names updated	C. Justice

Health And Safety Policy

Academy Athletics is committed to providing a safe working, coaching, teaching and learning environment for all personnel, learners and any related third parties.

Responsibility for health and safety ultimately lies with the Trustee Miki Garratt.

However, all learners and personnel have a legal responsibility, as stated under Section 7 of the Health and Safety at Work Act 1974, to do everything practicable to prevent an accident or injury to themselves and to fellow learners and/or personnel.

The quality coordinators (QCs) specific to each qualification are responsible for ensuring this information is fully understood by their qualification team and by the learners who commence courses/programmes in their area.

Academy Athletics aims to promote health and safety, so far as reasonably practicable, by ensuring:

- The provision and maintenance of safe equipment that poses no risk to health
- The provision of relevant information to learners, personnel and any related third parties, including instruction, training and supervision, as is necessary to ensure health and safety
- Maintenance of safe environments, including a means of access in a condition that is safe and without risk to health
- Progressive identification and assessment of all risk, taking measures to eliminate or control it
- Compliance with statutory regulation on health and safety and welfare of learners, personnel and any related third parties
- The health and safety and welfare of vulnerable learners is addressed through positive action
- All required and appropriately qualified members of personnel are given training to identify and control potentially hazardous situations/environments
- Effective measures, such as fire alarms, are in place to deal with emergencies.

This list is not exhaustive and represents general principles followed by Academy Athletics in respect of health and safety.

The nominated/appointed individual(s) are:
Miki Garratt Christine Justice Mick Roots

All confirmed nominees are appropriately qualified first-aiders, holding current first-aid certificates. Therefore, one of the first-aiders listed above must be contacted in the event of an incident occurring, to administer any first aid required. It is important that all issues where a first-aider has been involved are recorded in the necessary incident logbook(s) which accompany the first-aid box(es).

Whenever learners are present, to attend for a component of a course/programme, their tutor/assessor is responsible for making them aware of who their nominated first-aiders are and where they can be found (they are required to be on site at the time of a course/programme taking place).

The first aid box(es) are located: In the staff room

Nominated first-aiders are also provided with appropriate first-aid equipment.

Academy Athletics Risk Assessment Procedures

Coaches must ensure that suitable and sufficient control measures are in place to reduce identified risks when they are delivering any component of a course/programme. Any information a coach has identified in relation to risk should be shared with/distributed to other members of the team. All coaches are required to conduct risk assessments and will be given the appropriate training and/or will be made aware of what is expected of them in advance.

- See risk assessment.